**Milia Treatment**

**What are Milia?**

Milia are small, dome-shaped, non-harmful, bump-like superficial protein formation which are usually white and yellow in color on the skin surface. These are commonly found in the cheeks, face and anywhere in the body.

**What is Milia Treatment?**

Everlast’s Milia Treatment is a permanent, non-surgical procedure which aims to remove Milia in different parts of the body. From manual extraction to medical grade facials, cryotherapy or even minimally invasive procedures, we got you covered.

**Is the treatment painful? Is it safe? How long will the Milia treatment take?**

Depending on the type of treatment, comfort is and will always be our priority. Generally, common Milia treatments are painless but for some minimally invasive options, a topical anesthesia is always ready to back us up. This safe procedure is done in 30 minutes to an hour depending on the severity or number of Milia to be extracted.

**How many treatments do I need before I see the results and how long will it stay?**

While some treatment areas may be delicate which requires a shorter time and deep which requires several aggressive and multiple treatments, results are immediately observed after the treatment. Results last for months. Lifestyle modification may delay the return or new formation of Milia.

How does the treatment feel?

* There will be a mild sensation similar to a stinging nettle on the skin when the Milia is cauterised.
* There will be a feeling of pressure when the contents of the Milia is squeezed out.
* There might be residual stinging for a few minutes after treatment.
* To alleviate any discomfort we use a local anaesthetic before the treatment so the treatment should be pain-free or very minimal pain in most cases.
* Most of our clients tolerate the treatment very well.

**How many treatments are required?**

* A single session is sufficient in most cases to remove Milia.
* Our prices are based on a 20 minute session so a single or multiple Milia can be removed in one sitting.
* If another treatment is required we recommend session intervals to be two weeks to ensure that the areas treated have healed well.
* You will be given an approximate number of sessions required at your Consultation.

**Are there any possible side effects/Downtime?**

* The area will look like mosquito bites after treatment, the skin will have been irritated due to contents of Milia being squeezed out.
* There will also be redness which will take a few days to completely reside.
* Although unlikely there is a possibility that scabs may form in the treated area, this will heal completely in 10 days.
* Although unlikely there is a risk of minimal scarring, this will resolve within time.
* You will be advised to use certain after care products to aid quicker skin healing.
* Please not that you can use mineral makeup or Blemish Balm to conceal the skin whilst healing.